

## *Leading Small Groups That Thrive*

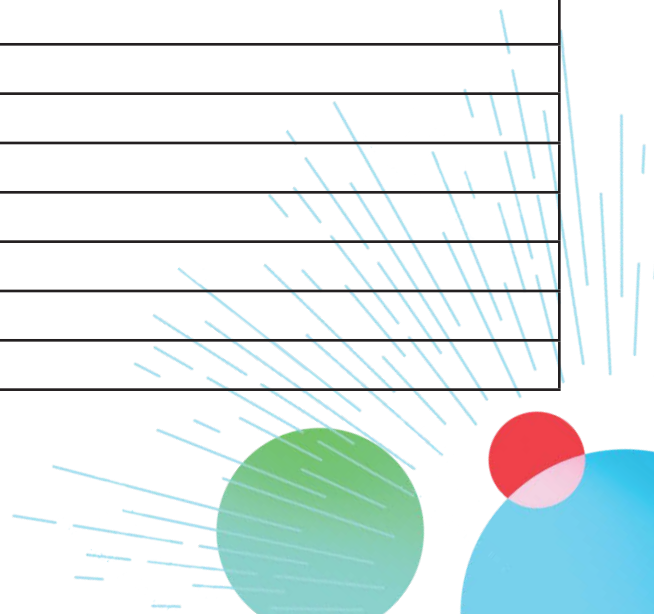
### **Supplemental Resource: Meal Planning Made Easy**

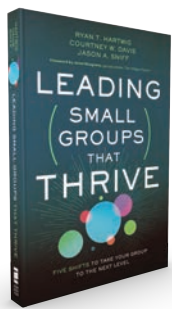
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For each meal, simply assign 1-3 menu items per person in your group, and you'll have an entire group meal with everyone contributing. Take into account what you know about members' financial resources and ability to cook as you assign these categories and rotate the main dishes among members.

<b>Soup/Salad/Bread</b>	<b>Assigned to:</b>
Chili	
Chicken Tortilla Soup	
Rolls	
Sour Cream	
Shredded Cheese	
Green Salad	
Dessert	

<b>Mexican</b>	<b>Assigned to:</b>
Ground Beef	
Guacamole	
Chopped Lettuce	
Tortillas	
Shredded Cheese	
Refried Beans	
Chopped Tomatoes	
Chopped Onions	
Spanish Rice	
Chips	
Salsa	
Sour Cream	
Taco Sauce	
Drinks	
Dessert	



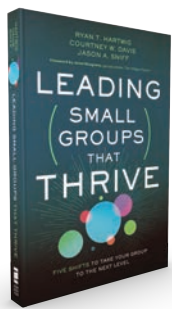


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<b>Baked Potato Bar</b>	<b>Assigned to:</b>
Baked Potatoes	
Sour Cream	
Bacon - pre-cooked and chopped into bits	
Chives - chopped	
Chili - bring in a crockpot	
Shredded Cheese	
Butter	
Cooked Corn	
Chopped Onions	
Avocados or Guacamole	
Salad	
Ranch Dressing	
Italian Dressing	
Drinks	
Dessert	

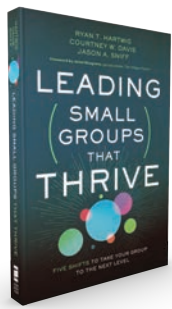




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<b>Salad Bar</b>	<b>Assigned to:</b>
Bags of Lettuce	
Chopped Mushrooms	
Chopped Bell Peppers	
Chopped Tomatoes	
Sour Cream	
Shredded Carrots	
Shredded Cheese	
Tortilla Chips & Salsa	
Corn (not on the cob)	
Chopped Pre-Cooked Bacon	
Grilled Chicken Breast cut into Strips	
Ground Beef	
Salad Dressing	
Chopped Avocados	
Peas	
Drinks	
Dessert	





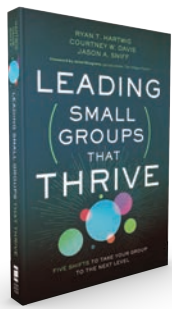
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<b>Italian</b>	<b>Assigned to:</b>
Large pizzas	
Salad	
Ranch Dressing	
Italian Dressing	
Pasta Dish	
Dessert to share	
Drinks	

<b>Breakfast for Dinner</b>	<b>Assigned to:</b>
Scrambled Eggs	
Flour Tortillas	
Salsa	
Sour Cream	
Bacon (Strips & Chopped)	
Sausage links (Whole links & chopped)	
Shredded Cheese	
Chopped Ham	
Orange Juice	
Fruit Platter	
Pancakes	
Syrup	
Whipped Cream	
Chocolate Chips	
Butter/Margarine	
Chopped Onions	
Chopped Bell Peppers	
Chopped Avocado	
Assortment of Individual Yogurt Cups	

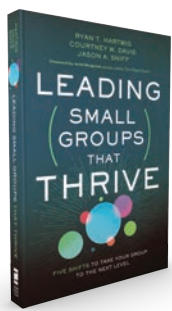


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<b>Dessert for Dinner</b>	<b>Assigned to:</b>
Chocolate Ice Cream	
Vanilla Ice Cream	
Cookie Dough Ice Cream	
Cookies & Cream Ice Cream	
Strawberry Ice Cream	
Whipped Cream	
Cherries	
Chocolate Syrup	
Strawberry Syrup	
Carmel Syrup	
Pie of your choice	
Brownies	
Cookies	
Water Bottles	
Milk	
Coffee	

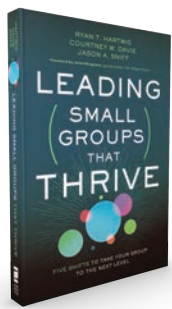




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<b>Sandwiches</b>	<b>Assigned to:</b>
Rolls (include picture)	
Lettuce (Prepped)	
Tomatoes (Sliced)	
Onions (Sliced)	
Mayonnaise	
Sliced American Cheese	
Sliced Pepperjack OR Swiss Cheese	
Mustard	
Ranch Dressing	
Pre-Cooked Bacon	
Sliced Chicken Breast	
5lb of deli meat	
Dessert	
Chips	
Peanut Butter	
Jelly	
Pickles	
Chopped Bell Peppers	
Drinks	

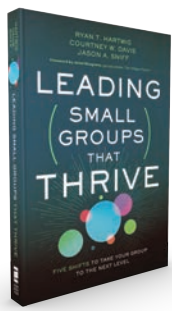




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<b>Thanksgiving</b>	<b>Assigned to:</b>
Ham/Turkey	
Mashed Potatoes	
Salad	
Dressing	
Green Bean Dish	
Sweet Potato Dish	
Carrot Dish	
Drinks	
Pumpkin Pie	
Apple Pie	
Stuffing	
Dinner rolls	
Butter/Margarine	

<b>Christmas</b>	<b>Assigned to:</b>
Ham	
Mashed Potatoes	
Gravy	
Dinner Rolls	
Butter	
Christmas cookies	
Broccoli Dish	
Cooked Corn	
Green Bean Dish	
Apple Pie	
Egg Nog	
Green Salad	
Holiday Punch	

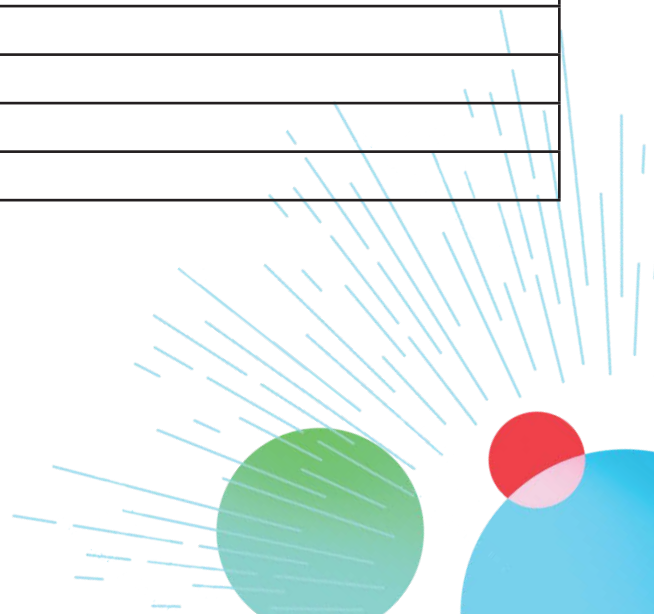


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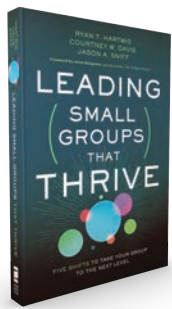
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<b>Potluck</b>	<b>Assigned to:</b>
Married: Main Dish	
Single: Side Dish	

<b>BBQ</b>	<b>Assigned to:</b>
Hamburgers	
Hamburger buns	
Hot Dogs	
Hot Dog Buns	
Brats	
Baked Beans	
Lettuce for Burgers	
Sliced Tomatoes	
Sliced Onions	
Sliced Cheese	
Pickles	
Mayonnaise	
Mustard	
Bacon	
Sliced Watermelon	
Chips	
Drinks	
Dessert	



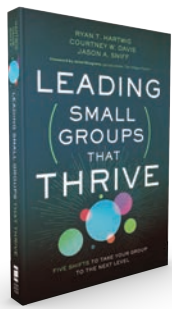




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<b>Nacho Night</b>	<b>Assigned to:</b>
Taco Style Ground Beef	
Chips (lots of chips)	
Queso	
Beans (refried or black beans)	
Cilantro Lime Rice	
Guacamole	
Shredded Cheese	
Shredded Lettuce	
Chopped tomatoes	
Sour Cream	
Salsa	
Dessert (chocolate is always a good choice)	
Plates/napkins	
Drinks	





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<b>Brunch</b>	<b>Assigned to:</b>
Breakfast Casserole (or some sort of protein)	
Breakfast Pizza	
Fruit	
Cinnamon Rolls	
Pastries	
Doughnuts	
Coffee Cake	
Cheese plate	
Bacon	
Juice	
Coffee	
Assorted Creamers	
Plates/Napkins	

<b>Charcuterie Board for a Large Group</b>	<b>Assigned to:</b>
Salami	
Ham	
Turkey	
3 different kinds of cheese	
Grapes	
Berries	
3 different kinds of crackers/bread	
Olives	
Almonds	
Cashews	
Large Charcuterie Board	
Mini plates/Napkins	
Drinks	